

## Accommodation and Daily Living Provision.

- Tent.
- Lean-to shelter.
- Ground mat.
- Gore-Tex survival bag.
- Mosquito net.
- Mosquito coils and holder.
- Cooking stove.
- Fuel for cooking stove.
- Cooking pot.
- Cutlery.
- Knife.
- Plate and mug.
- Scouring pad.
- Washing powder and container.
- Headlight torch.
- Alarm clock.
- Wristwatch.
- Towel.
- Toothbrush and toothpaste.
- Comb and mirror.
- Razor and shaving soap.
- Nail clippers.
- Toilet paper.
- E45 cream.
- Plastic sheeting.
- Inflatable pillow

